

Protocol

Exfoliating Pregnancy Facial

Description: Help exfoliate your skin during pregnancy or nursing that is safe and effective. Both Glycolic Acid and Protease Enzymes will deeply exfoliate dead, dull skin giving back your glowing skin without any harm or risks during pregnancy! These ingredients are effective in working quickly and efficiently to balance out your skin.

CLEANSE

1. Dispense 1 pump **Mega-Purifying Cleanser** to dry palms and apply to dry skin, massaging for 1-2 minutes. Add water for slip, rinse with warm water.
2. Dispense 1 pump of **Gentle Facial Wash** to palms and emulsify with water to create foam. Massage for 1-2 minutes, avoiding eye area, rinse with warm water.

TREAT

3. Dispense 2-4 pumps **YOUTH Firm Age Defying Peel** to a gloved palm and apply to the skin. Allow to remain on the skin for 5-7 minutes. Remove with warm towels.
4. Dispense **Skin Bliss Hydrating Masque** and apply to skin using a fan brush. Allow to remain on the skin for up to 10 minutes.
5. Dispense **Facial Hydrator** and apply to skin using a fan brush.
6. Mist skin with **Skin Recovery Mist**.
7. Apply **Living Cell Clarifier** and **Skin Restoring Fulvic Elixir**. Dispense 1 pump of each serum to palms and apply to face, neck, and décolleté.

BALANCE

8. Apply **Ultra Hydro Gel** and **Daily Repair Mega-Moisture Cream**. Dispense 1-2 pumps to palms and apply to face, neck, and décolleté.
9. Apply a small, grain size amount of **CBD Regenerative Eye Cream** to entire eye area and massage until absorbed.
10. Dispense **Ultra-Hydrating Lip Balm** to Q-Tip and gently apply to lip area.

PROTECT

11. Finish with **Photo-Age Environmental Protection Gel 15**. Apply a small pea size amount to face, neck, décolleté and any other areas exposed to UVA/UVB rays.

Recommended Treatment Time: 60 minutes